

SPECIAL TREATMENT BY TEACHER

ABDOMINAL DETOX TREATMENT

1h 1,500 baht / 2h 2,500 baht

Abdominal Detox Massage, also known as Chi Nei Tsang in Master Mantak Chia's school, is an internal organ chi massage combined with Thai abdominal reflex points. This treatment helps to release stress and promotes healing by using techniques directly over the navel and surrounding abdominal area where stress and negative emotions accumulate and congest. Abdominal Detox Massage quickly releases negative emotions, tensions and sicknesses. It's also effective in the treatment of digestive problems, such as irritable bowel syndrome, bloating and constipation. It eliminates toxins in the gastrointestinal tract and promotes lymphatic drainage.



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NUAD KARSAI (Genital Detox Treatment)

1h 2,000 baht

This unique health massage helps to release sedimentation or coagulation of the vessels and ducts in the sexual organs, glands and associated parts which occurs over time, resulting in blockages in the testicles and prostate gland by men and the uterus, ovary and pubic area by women. These massage techniques will help to stimulate the circulation, lymphatic flow and release blockages to make it easier for the reproductive organs to become activated. Nuad Karsai addresses problems associated with our sexual organs: impotency, frequent and difficult urination, painful menstruation, infertility, painful intercourse and low sexual libido. It is also effective in



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alleviating back pain, improving the body's alignment, strengthening the pelvic floor muscles and increasing vitality.